

**CWL ELEMENTARY - LUVERNE BUILDING
SEPTEMBER BREAKFAST AND LUNCH MENU**

WEDNESDAY, SEPTEMBER 1

BREAKFAST: CEREAL, MUFFIN, BANANA, JUICE, MILK

LUNCH: SCALLOPED POTATOES WITH HAM, CHEESE SANDWICH, GREEN BEANS, ORANGE WEDGES, MILK

THURSDAY, SEPTEMBER 2

BREAKFAST: BISCUITS AND GRAVY, SCRAMBLED EGGS, PEARS, JUICE, MILK

LUNCH: HAMBURGER ON A BUN, LETTUCE AND TOMATO, SWEET POTATO FRIES, MIXED FRUIT, MILK

FRIDAY, SEPTEMBER 3

BREAKFAST: CINNAMON BUN, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: CHICKEN AND NOODLES, PEANUT BUTTER SANDWICH, FRESH VEGETABLES WITH RANCH, PEACH CUP, MILK

MONDAY, SEPTEMBER 6

NO SCHOOL

TUESDAY, SEPTEMBER 7

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: CHEESE PIZZA, TOSSED SALAD, FRESH VEGETABLES WITH RANCH, BANANA, MILK

WEDNESDAY, SEPTEMBER 8

BREAKFAST: OMELET, MUFFIN, ORANGE WEDGES, JUICE, MILK

LUNCH: HAM AND CHEESE ON A BUN, POTATO WEDGES, GREEN BEANS, GRAPES, MILK

THURSDAY, SEPTEMBER 9

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: TACOS, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, CORN, PEARS, MILK

FRIDAY, SEPTEMBER 10

BREAKFAST: YOGURT PARFAITS, GRANOLA, STRAWBERRIES AND BLUEBERRIES, JUICE, MILK

LUNCH: MACARONI AND CHEESE, MEATBALLS, BABY CARROTS, WATERMELON, MILK

MONDAY, SEPTEMBER 13

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: STROMBOLI, GARDEN SALAD, GLAZED CARROTS, STRAWBERRY CUP, MILK

TUESDAY, SEPTEMBER 14

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: SHREDDED BEEF ON A WHOLE GRAIN BUN, SWEET POTATO PUFFS, BAKED BEANS, APPLE WEDGES, MILK

WEDNESDAY, SEPTEMBER 15

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, PEACHES, JUICE, MILK

LUNCH: MANDARIN ORANGE CHICKEN WITH RICE, BROCCOLI, BREAD AND BUTTER, MANDARIN ORANGES, JELLO, MILK

THURSDAY, SEPTEMBER 16

BREAKFAST: BREAKFAST SANDWICH, ORANGE WEDGES, JUICE, MILK

LUNCH: TURKEY AND CHEESE ON A BUN, OVEN FRIES, LETTUCE AND TOMATO, PEACHES, MILK

FRIDAY, SEPTEMBER 17

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK

LUNCH: COUNTRY STYLE BEEF PATTIE, MASHED POTATOES, GREEN BEANS, CANTALOUPE, MILK

MONDAY, SEPTEMBER 20

BREAKFAST: BREAKFAST PIZZA, PINEAPPLE, JUICE, MILK

LUNCH: TACO SOUP WITH CORN CHIPS, FRESH BROCCOLI, PEARS, MILK

TUESDAY, SEPTEMBER 21

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: WHOLE GRAIN CORN DOG, TATOR TOTS, BABY CARROTS, APPLE WEDGES, MILK

WEDNESDAY, SEPTEMBER 22, 2020

NO SCHOOL

THURSDAY, SEPTEMBER 23

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK

LUNCH: CHICKEN QUESADILLA, REFRIED BEANS, CORN CHIPS AND SALSA, ORANGE WEDGES, MILK

FRIDAY, SEPTEMBER 24

BREAKFAST: DONUTS, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: COWBOY CAVATINI, TOSSED ROMAINE SALAD, GREEN BEANS, MIXED FRUIT CUP, MILK

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MONDAY, SEPTEMBER 27

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: CHICKEN TETRAZZINI, GLAZED CARROTS, TOSSED SALAD, BREADSTICK, STRAWBERRIES, MILK

TUESDAY, SEPTEMBER 28

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, ORANGE WEDGES, JUICE, MILK

LUNCH: MR. RIBB ON A BUN, LETTUCE AND TOMATO, TRI TATER, GREEN BEANS, WATERMELON, MILK

WEDNESDAY, SEPTEMBER 29

BREAKFAST: OMELET, MUFFIN, PEARS, JUICE, MILK

LUNCH: TATER TOT CASSEROLE, TOMATOES AND CUCUMBERS, PEANUT BUTTER SANDWICH, PEACHES, MILK

THURSDAY, SEPTEMBER 30

BREAKFAST: CEREAL, BAGEL WITH JELLY, BANANA, JUICE, MILK

LUNCH: CHICKEN DRUMSTICK, MASHED POTATOES, CORN, FRESH BROCCOLI WITH RANCH, FRUIT SLUSHY. MILK

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