

**CWL ELEMENTARY - LUVERNE BUILDING  
NOVEMBER BREAKFAST AND LUNCH MENU**

TUESDAY, NOVEMBER 1

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK  
LUNCH: CORN DOG, GARDEN SALAD, PEAS, HASH BROWNS, APPLE WEDGES, MILK

WEDNESDAY, NOVEMBER 2

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, PEACHES, JUICE, MILK  
LUNCH: BEEF AND NOODLES, MASHED POTATOES, BABY CARROTS, COTTAGE CHEESE, PINEAPPLE TIDBITS, MILK

THURSDAY, NOVEMBER 3

BREAKFAST: CEREAL, MUFFIN, ASSORTED FRUIT, JUICE, MILK  
LUNCH: CHICKEN QUESADILLAS, CORN CHIPS WITH SALSA, REFRIED BEANS, ORANGE WEDGES, MILK

FRIDAY, NOVEMBER 4

NO SCHOOL

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MONDAY, NOVEMBER 7

BREAKFAST: BREAKFAST PIZZA, APPLESAUCE CUP, JUICE, MILK  
LUNCH: CHICKEN TETRAZZINI, GARDEN SALAD, GLAZED CARROTS, WHOLE GRAIN BREADSTICK, STRAWBERRIES, MILK

TUESDAY, NOVEMBER 8

BREAKFAST: PANCAKES, SAUSAGE LINKS, JUICE, MILK  
LUNCH: MR. RIBB ON A BUN, LETTUCE AND TOMATO, TRI-TATER, GREEN BEANS, MIXED FRUIT CUP, MILK

WEDNESDAY, NOVEMBER 9

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK  
LUNCH: TATER TOT CASSEROLE, PEANUT BUTTER SANDWICH, FRESH VEGETABLES, APPLE WEDGES, MILK

THURSDAY, NOVEMBER 10

BREAKFAST: EGG OMELET, MUFFIN, ORANGE SMILES, JUICE, MILK  
LUNCH: CHICKEN DRUMSTICK, MASHED POTATOES & GRAVY, FRESH BROCCOLI, CORN, SLICED PEACHES, MILK

FRIDAY, NOVEMBER 11

BREAKFAST: LONG JOHNS, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK  
LUNCH: SLOPPY JOES ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, GRAPES, MILK

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MONDAY, NOVEMBER 14

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK  
LUNCH: WEINER WINKS, POTATO WEDGES, BROCCOLI WITH CHEESE, MANDARIN ORANGES, ORANGE JELLO, MILK

TUESDAY, NOVEMBER 15

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK  
LUNCH: NACHOS AND CHEESE, PEANUT BUTTER SANDWICH, GREEN BEANS, APPLE WEDGES, MILK

WEDNESDAY, NOVEMBER 16

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK  
LUNCH: THANKSGIVING DINNER

THURSDAY, NOVEMBER 17

BREAKFAST: BREAKFAST SANDWICH, ORANGE WEDGES, JUICE, MILK  
LUNCH: WALKING TACO, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, COOKIE, PINEAPPLE, MILK

FRIDAY, NOVEMBER 18

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, GO-GURT, ASSORTED FRUIT, JUICE, MILK  
LUNCH: CHICKEN AND NOODLES, CHEESE SANDWICH, GLAZED CARROTS, GRAPES, MILK

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MONDAY, NOVEMBER 21

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, PEACHES, JUICE, MILK  
LUNCH: HAMBURGER ON A BUN, LETTUCE AND TOMATO, FRENCH FRIES, FRUIT COCKTAIL, RICE KRISPIE BAR, MILK

TUESDAY, NOVEMBER 22

BREAKFAST: CEREAL, MUFFIN, JUICE, MILK

LUNCH: POPCORN CHICKEN, MASHED POTATOES AND GRAVY, FRESH BROCCOLI, CORN, STRAWBERRIES AND BANANAS, MILK

WEDNESDAY, NOVEMBER 23-NOVEMBER 25

NO SCHOOL/THANKSGIVING BREAK

MONDAY, NOVEMBER 28

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: HOT HAM AND CHEESE ON A BUN, POTATO WEDGES, FRESH BROCCOLI, GRAPES, CHOCOLATE CHIP COOKIE, MILK

TUESDAY, NOVEMBER 29

BREAKFAST: EGG OMELET, MUFFIN, MIXED FRUIT, JUICE, MILK

LUNCH: CHEESE PIZZA, GARDEN SALAD, CORN, BANANA, MILK

WEDNESDAY, NOVEMBER 30

BREAKFAST: CEREAL, BAGEL WITH JELLY, BANANA, JUICE, MILK

LUNCH: TACOS, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, BREAD AND BUTTER, SLICED PEARS, MILK

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