

**CWL ELEMENTARY - LUVERNE BUILDING
MARCH BREAKFAST AND LUNCH**

WEDNESDAY, MARCH 1

BREAKFAST: EGG OMELET, MUFFIN, PEACHES, JUICE, MILK
LUNCH: TACOS, LETTUCE/TOMATO/CHEESE, REFRIED BEANS, BREAD AND BUTTER, PEARS, MILK

THURSDAY, MARCH 2

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK
LUNCH: ICE SKATING IN FAIRMONT

FRIDAY, MARCH 3

NO SCHOOL

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MONDAY, MARCH 6

BREAKFAST: BREAKFAST PIZZA, MANDARIN ORANGES, JUICE, MILK  
LUNCH: CRISPITOS, ROMAINE AND TOMATO, REFRIED BEANS, CORN, SALSA AND CHIPS, BREAD AND BUTTER, APPLE WEDGES, MILK

TUESDAY, MARCH 7

NO SCHOOL

WEDNESDAY, MARCH 8

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, JUICE, MILK  
LUNCH: CHICKEN PATTY ON A BUN, FRENCH FRIES, GREEN BEANS, ORANGE WEDGES, MILK

THURSDAY, MARCH 9

BREAKFAST: FRENCH TOAST, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK  
LUNCH: SALISBURY STEAK, MASHED POTATOES, BROCCOLI, WHEAT BREAD, BANANA, MILK

FRIDAY, MARCH 10

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, GO-GURT, ASSORTED FRUIT, JUICE, MILK  
LUNCH: TUNA AND NOODLES, PEAS, BABY CARROTS, PEANUT BUTTER SANDWICH, PEACH CUP, MILK

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MONDAY, MARCH 13

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK
LUNCH: TACO SOUP, WHOLE GRAIN CORN CHIPS, FRESH BROCCOLI, SLICED PEARS, COOKIE, MILK

TUESDAY, MARCH 14

BREAKFAST: CEREAL, MUFFIN, BANANA, JUICE, MILK
LUNCH: BEEF AND NOODLES, MASHED POTATOES, BABY CARROTS, WHEAT BREAD, PINEAPPLE TIDBITS, MILK

WEDNESDAY, MARCH 15

NO SCHOOL/PROFESSIONAL DEVELOPMENT

THURSDAY, MARCH 16

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK
LUNCH: CHICKEN QUESADILLA, WHOLE GRAIN CORN CHIPS AND SALSA, REFRIED BEANS, CORN, ORANGE WEDGES, MILK

FRIDAY, MARCH 17

BREAKFAST: LONG JOHNS, GO-GURT, ASSORTED FRUIT, JUICE, MILK
LUNCH: SHRIMP POPPERS, CHEESY POTATOES, BREAD AND BUTTER, FRUIT BERRY CUP, MILK

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MONDAY, MARCH 20

BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK  
LUNCH: CHICKEN TETRAZZINI, TOSSED SALAD, GLAZED CARROTS, WHOLE GRAIN BREADSTICK, STRAWBERRY CUP, MILK

TUESDAY, MARCH 21

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: SHREDDED BEEF ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, ORANGE SMILES, MILK

WEDNESDAY, MARCH 22

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, PEACHES, JUICE, MILK

LUNCH: LASAGNA, GARDEN SALAD, WHOLE GRAIN FRENCH BREAD, APPLESAUCE, MILK

THURSDAY, MARCH 23

BREAKFAST: BREAKFAST SANDWICH, HASH BROWNS, PEARS, JUICE, MILK

LUNCH: CHICKEN DRUMSTICK, MASHED POTATOES WITH GRAVY, FRESH BROCCOLI, CORN, WHEAT BREAD, PEACHES, MILK

FRIDAY, MARCH 24

BREAKFAST: CINNAMON ROLL, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: CORN DOGS, TATER TOTS, FRESH VEGETABLES, GRAPES, MILK

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MONDAY, MARCH 27

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, GARDEN SALAD, BREADSTICK, PEARS, MILK

TUESDAY, MARCH 28

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: CHICKEN FAJITAS, PEPPERS AND ONIONS, LETTUCE/TOMATO/CHEESE CUP, CARROTS, FRUIT SLUSHY, MILK

WEDNESDAY, MARCH 29

BREAKFAST: EGG OMELET, MUFFIN, ORANGES, JUICE, MILK

LUNCH: WEINER WINKS, MASHED POTATOES, BROCCOLI WITH CHEESE, FRUIT, JELLO, MILK

THURSDAY, MARCH 30

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK

LUNCH: WALKING TACO, REFRIED BEANS, CORN, CHOCOLATE CHIP COOKIE, PINEAPPLE TIDBITS, MILK

FRIDAY, MARCH 31

BREAKFAST: YOGURT PARFAITS, GRANOLA, ASSORTED FRUIT, JUICE, MILK

LUNCH: MACARONI AND CHEESE, FISH STICKS, PEAS, BABY CARROTS, APPLE WEDGES, MILK

It is the policy of the Lu Verne Community School District not to illegally discriminate on the basis of age (for employment), race, creed, national origin, color, marital status (for programs), sexual orientation, religion, gender/sex, socio-economic status (for programs), gender identity or physical/mental disability in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Janie Eischen, Director of Teaching and Learning, 405 Hanna Ave, Lu Verne, IA 50560, 515-882-3357, jeischen@algonak12.ia.us