

**CWL ELEMENTARY - LUVERNE BUILDING
JANUARY BREAKFAST AND LUNCH MENU**

WEDNESDAY, JANUARY 4

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: CHICKEN AND NOODLES, MASHED POTATOES, GREEN BEANS, PEANUT BUTTER SANDWICH, MANDARIN ORANGES, MILK

THURSDAY, JANUARY 5

BREAKFAST: PANCAKES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, GARDEN SALAD, BREADSTICK, PEACH CUP, MILK

FRIDAY, JANUARY 6

BREAKFAST: LONG JOHNS, GO-GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: WEINER WINKS, POTATO WEDGES, BROCCOLI WITH CHEESE, DICED PEARS, JELLO, MILK

MONDAY, JANUARY 9

BREAKFAST: BREAKFAST PIZZA, MANDARIN ORANGES, JUICE, MILK

LUNCH: HAMBURGER ON A BUN, LETTUCE AND TOMATO, SWEET POTATO FRIES, MIXED FRUIT, MILK

TUESDAY, JANUARY 10

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK

LUNCH: CHICKEN NUGGETS, MASHED POTATOES WITH GRAVY, BROCCOLI, STRAWBERRIES AND BANANAS, MILK

WEDNESDAY, JANUARY 11

NO SCHOOL

THURSDAY, JANUARY 12

BREAKFAST: EGG OMELET, MUFFIN, PEACHES, JUICE, MILK

LUNCH: CHILI WITH CRACKERS, CUCUMBERS AND CELERY, CINNAMON ROLL, PINEAPPLE TIDBITS, MILK

FRIDAY, JANUARY 13

BREAKFAST: YOGURT PARFAITS, GRANOLA, ASSORTED FRUIT, JUICE, MILK

LUNCH: MACARONI AND CHEESE, FISH STICKS, PEAS, BABY CARROTS, APPLE WEDGES, MILK

MONDAY, JANUARY 16

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK

LUNCH: SCALLOPED POTATOES WITH HAM, GRILLED CHEESE SANDWICH, GREEN BEANS, GRAPES, MILK

TUESDAY, JANUARY 17

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, JUICE, MILK

LUNCH: CHEESE PIZZA WITH MARINARA SAUCE, TOSSED SALAD, CORN, BANANA, MILK

WEDNESDAY, JANUARY 18

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, ORANGE WEDGES, JUICE, MILK

LUNCH: TACOS, LETTUCE AND TOMATO, REFRIED BEANS, WHEAT BREAD, SLICED PEARS, MILK

THURSDAY, JANUARY 19

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: ITALIAN PASTA, GREEN PEPPERS AND BABY CARROTS, APPLESAUCE, ROYAL BROWNIE, MILK

FRIDAY, JANUARY 20

BREAKFAST: DONUTS, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: CHICKEN PATTY ON A BUN, TRI TATER HASHBROWN, ORANGE WEDGES, MILK

MONDAY, JANUARY 23

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: PIZZA CRUNCHERS, LETTUCE AND TOMATO, CORN, WHOLE GRAIN CHIPS WITH SALSA, APPLE WEDGES, MILK

TUESDAY, JANUARY 24

BREAKFAST: BREAKFAST SANDWICH, TRI TATER, MANDARIN ORANGES, JUICE, MILK

LUNCH: STROMBOLI, GARDEN SALAD, GLAZED CARROTS, STRAWBERRY CUP, MILK

WEDNESDAY, JANUARY 25

BREAKFAST: CEREAL, MUFFIN, JUICE, MILK

LUNCH: SHREDDED BEEF ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, ORANGES, MILK

THURSDAY, JANUARY 26

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MIXED FRUIT, JUICE, MILK

LUNCH: CHICKEN TENDERS, MASHED POTATOES WITH GRAVY, GREEN BEANS, PEACHES, MILK

FRIDAY, JANUARY 27

BREAKFAST: CINNAMON ROLLS, GO-GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: PORK TENDERLOIN ON A BUN, FRENCH FRIES, BROCCOLI WITH CHEESE, FRUIT SLUSHY, MILK

MONDAY, JANUARY 30

BREAKFAST: PANCAKES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: TACO SOUP, WHOLE GRAIN CORN CHIPS, BROCCOLI, SLICED PEARS, COOKIE, MILK

TUESDAY, JANUARY 31

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: WHOLE GRAIN CORN DOG, GARDEN SALAD, PEARS, APPLE WEDGES, MILK

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