

**CWL ELEMENTARY - LUVERNE BUILDING
FEBRUARY BREAKFAST AND LUNCH**

WEDNESDAY, FEBRUARY 1

BREAKFAST: EGG OMELET, MUFFIN, PEACHES, JUICE, MILK

LUNCH: BEEF AND NOODLES, MASHED POTATOES, BABY CARROTS, WHOLE GRAIN BREAD, PINEAPPLE TIDBITS, MILK

THURSDAY, FEBRUARY 2

BREAKFAST: CEREAL, POPTART, PEARS, JUICE, MILK

LUNCH: CHICKEN QUESADILLA, LETTUCE AND TOMATO, REFRIED BEANS, SALSA AND CHIPS, ORANGE WEDGES, MILK

FRIDAY, FEBRUARY 3

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: COWBOY CAVATINI, TOSSED SALAD, GREEN BEANS, STUFFED CHEESE STICK, BANANA, MILK

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MONDAY, FEBRUARY 6

BREAKFAST: BREAKFAST PIZZA, MANDARIN ORANGES, JUICE, MILK

LUNCH: CHICKEN TETRAZZINI, TOSSED SALAD, GLAZED CARROTS, WHOLE GRAIN BREADSTICKS, STRAWBERRIES, MILK

TUESDAY, FEBRUARY 7

BREAKFAST: CEREAL, BAGEL WITH JELLY, BANANA, JUICE, MILK

LUNCH: MR. RIBB ON A BUN, LETTUCE AND TOMATO, HASH BROWNS, GREEN BEANS, PEARS, MILK

WEDNESDAY, FEBRUARY 8

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, MIXED FRUIT, JUICE, MILK

LUNCH: LASAGNA, GARDEN SALAD, WHOLE GRAIN FRENCH BREAD, APPLESAUCE CUP, MILK

THURSDAY, FEBRUARY 9

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, APPLESAUCE, JUICE, MILK

LUNCH: CHICKEN DRUMSTICKS, MASHED POTATOES WITH GRAVY, FRESH BROCCOLI, CORN, WHOLE GRAIN BREAD, SLICED PEACHES, MILK

FRIDAY, FEBRUARY 10

BREAKFAST: LONG JOHNS, GO-GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: SLOPPY JOES ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, GRAPES, MILK

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MONDAY, FEBRUARY 13

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, MANDARIN ORANGES, JUICE, MILK

LUNCH: WEINER WINKS, POTATO WEDGES, BROCCOLI WITH CHEESE, PEARS, JELLO, MILK

TUESDAY, FEBRUARY 14

BREAKFAST: CEREAL, MUFFIN, BANANA, JUICE, MILK

LUNCH: CHICKEN WRAP, ROMAINE AND TOMATO, CARROTS, WHOLE GRAIN BREAD, APPLES, VALENTINE CUPCAKE, MILK

WEDNESDAY, FEBRUARY 15

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, GARDEN SALAD, BREADSTICKS, GRAPES, MILK

THURSDAY, FEBRUARY 16

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, PEACHES, JUICE, MILK

LUNCH: WALKING TACO, REFRIED BEANS, CORN, M & M COOKIE, PINEAPPLE TIDBITS, MILK

FRIDAY, FEBRUARY 17

BREAKFAST: YOGURT PARFAITS, GRANOLA, ASSORTED FRUIT, JUICE, MILK

LUNCH: CHICKEN AND NOODLES, MASHED POTATOES, GREEN BEANS, PEANUT BUTTER SANDWICH, ORANGE WEDGES, MILK

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MONDAY, FEBRUARY 20

BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: HAMBURGER ON A BUN, LETTUCE AND TOMATO, FRENCH FRIES, FRUIT COCKTAIL, RICE KRISPY BAR, MILK

TUESDAY, FEBRUARY 21

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK

LUNCH: POPCORN CHICKEN, MASHED POTATOES WITH GRAVY, BROCCOLI, WHEAT BREAD, STRAWBERRIES AND BANANAS, MILK

WEDNESDAY, FEBRUARY 22

NO SCHOOL

THURSDAY, FEBRUARY 23

BREAKFAST: BREAKFAST SANDWICH, HASH BROWN ROUNDS, BANANA, JUICE, MILK

LUNCH: CHILI WITH CRACKERS, CELERY AND CUCUMBERS. CINNAMON ROLL, ORANGE WEDGES, MILK

FRIDAY, FEBRUARY 24

BREAKFAST: DONUTS, YOGURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: MACARONI AND CHEESE, FISH STICKS, PEAS, BABY CARROTS, APPLE WEDGES, MILK

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MONDAY, FEBRUARY 27

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: HAM AND CHEESE ON A BUN, POTATO WEDGES, BROCCOLI, GRAPES, CHOCOLATE CHIP COOKIE, MILK

TUESDAY, FEBRUARY 28

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: CHEESE PIZZA WITH MARINARA, TOSSED SALAD, CORN, BANANA, MILK

It is the policy of the Lu Verne Community School District not to illegally discriminate on the basis of age (for employment), race, creed, national origin, color, marital status (for programs), sexual orientation, religion, gender/sex, socio-economic status (for programs), gender identity or physical/mental disability in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Janie Eischen, Director of Teaching and Learning, 405 Hanna Ave, Lu Verne, IA 50560, 515-882-3357, jeischen@algona.k12.ia.us