

**CWL ELEMENTARY - LUVERNE BUILDING
JANUARY BREAKFAST AND LUNCH MENU**

TUESDAY, JANUARY 5

BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK
LUNCH: MANDARIN ORANGE CHICKEN OVER RICE, BROCCOLI, MANDARIN ORANGES, JELLO, MILK

WEDNESDAY, JANUARY 6

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, PEACHES, JUICE, MILK
LUNCH: WEINER WINKS, MASHED POTATOES, CORN, APPLES, MILK

THURSDAY, JANUARY 7

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK
LUNCH: WALKING TACOS, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, WHEAT BREAD, PINEAPPLE, MILK

FRIDAY, JANUARY 8

BREAKFAST: YOGURT PARFAIT, GRANOLA, STRAWBERRIES AND BLUEBERRIES, JUICE, MILK
LUNCH: CHICKEN AND NOODLES, GREEN BEANS, PEANUT BUTTER SANDWICH, ORANGE WEDGES, MILK

MONDAY, JANUARY 11

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK
LUNCH: HAMBURGER ON A BUN, LETTUCE AND TOMATO, SWEET POTATO FRIES, FRUIT COCKTAIL, MILK

TUESDAY, JANUARY 12

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK
LUNCH: CHICKEN NUGGETS, MASHED POTATOES, BROCCOLI, WHEAT BREAD, STRAWBERRIES AND BANANAS, MILK

WEDNESDAY, JANUARY 13

NO SCHOOL

THURSDAY, JANUARY 14

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK
LUNCH: CHILI WITH CRACKERS, CELERY AND CARROTS, WHEAT BREAD, FRUIT SLUSHY, MILK

FRIDAY, JANUARY 15

BREAKFAST: DONUT, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK
LUNCH: MACARONI AND CHEESE, FISH STICKS, BABY CARROTS, PEAS, APPLESAUCE, MILK

MONDAY, JANUARY 18

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, MANDARIN ORANGES, JUICE, MILK
LUNCH: HAM AND CHEESE ON A BUN, POTATO WEDGES, BROCCOLI, GRAPES, MILK

TUESDAY, JANUARY 19

BREAKFAST: EGG OMELET, MUFFIN, PEACHES, JUICE, MILK
LUNCH: CHEESE PIZZA, TOSSED SALAD, CORN, BANANA, MILK

WEDNESDAY, JANUARY 20

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK
LUNCH: TACOS, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, WHEAT BREAD, PEARS, MILK

THURSDAY, JANUARY 21

BREAKFAST: BREAKFAST SANDWICH, SAUSAGE PATTY, GRAPES, JUICE, MILK
LUNCH: ITALIAN PASTA BAKE, GREEN PEPPERS AND BABY CARROTS, BREADED CHEESE STICK, APPLESAUCE, MILK

FRIDAY, JANUARY 22

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK
LUNCH: CHICKEN PATTY ON A BUN, TATER TOTS, GREEN BEANS, ORANGE WEDGES, MILK

MONDAY, JANUARY 25

BREAKFAST: BREAKFAST PIZZA, MIXED FRUIT, JUICE, MILK
LUNCH: CRISPITOS, LETTUCE AND TOMATO, CORN, WHOLE GRAIN CORN CHIPS AND SALSA, APPLES, MILK

TUESDAY, JANUARY 26

BREAKFAST: CEREAL, BAGEL WITH JELLY, BANANA, JUICE, MILK
LUNCH: STROMBOLI, GARDEN SALAD, CARROTS, STRAWBERRY CUP, MILK

WEDNESDAY, JANUARY 27

BREAKFAST: WAFFLES, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK
LUNCH: SHREDDED BEEF ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, ORANGE SMILES, MILK

THURSDAY, JANUARY 28

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, ORANGE WEDGES, JUICE, MILK
LUNCH: TURKEY AND CHEESE WRAP, LETTUCE AND TOMATO, OVEN FRIES, PEACHES, MILK

FRIDAY, JANUARY 29

BREAKFAST: LONG JOHNS, YOGURT, ASSORTED FRUIT, JUICE, MILK
LUNCH: PORK TENDERLOIN ON A BUN, MASHED POTATOES, BROCCOLI, BANANA, MILK

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