

**CWL ELEMENTARY - LUVERNE BUILDING
DECEMBER BREAKFAST AND LUNCH MENU**

TUESDAY, DECEMBER 1

BREAKFAST: BISCUITS AND GRAVY, SCRAMBLED EGGS, APPLES, JUICE, MILK

LUNCH: HAM AND CHEESE ON A BUN, POTATO WEDGES, BROCCOLI, PEACH CUP, MILK

WEDNESDAY, DECEMBER 2

BREAKFAST: PANCAKES, BLUEBERRIES, APPLESAUCE, JUICE, MILK

LUNCH: TACO IN A BAG, LETTUCE/TOMATO/CHEESE CUP, REFRIED BEANS, PEARS, MILK

THURSDAY, DECEMBER 3

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: ITALIAN PASTA BAKE, GREEN PEPPER STRIPS AND BABY CARROTS, APPLESAUCE, BROWNIE, MILK

FRIDAY, DECEMBER 4

BREAKFAST: DONUT, GO-GURT, ASSORTED FRUIT, JUICE, MILK

LUNCH: POPCORN CHICKEN, MASHED POTATOES, GREEN BEANS, ORANGE WEDGES, MILK

MONDAY, DECEMBER 7

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, PEARS, JUICE, MILK

LUNCH: CRISPITOS, ROMAINE AND TOMATO, CORN, PEANUT BUTTER SANDWICH, APPLES, MILK

TUESDAY, DECEMBER 8

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: SHREDDED BEEF ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, ORANGE SMILES, MILK

WEDNESDAY, DECEMBER 9

BREAKFAST: CEREAL, MUFFIN, BANANA, JUICE, MILK

LUNCH: SCALLOPED POTATOES AND HAM, CARROTS, COTTAGE CHEESE, ANGEL BISCUIT, GRAPES, MILK

THURSDAY, DECEMBER 10

BREAKFAST: PANCAKE ON A STICK, APPLESAUCE, JUICE, MILK

LUNCH: TURKEY AND CHEESE ON A BUN, LETTUCE AND TOMATO, OVEN FRIES, SLICED PEACHES, GRAHAM SNACKS, MILK

FRIDAY, DECEMBER 11

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK

LUNCH: PORK TENDERLOIN, MASHED POTATOES, BROCCOLI, STRAWBERRY CUP, MILK

MONDAY, DECEMBER 14

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: CORN DOG, CORN, TRI-TATER HASH BROWN, APPLES, MILK

TUESDAY, DECEMBER 15

BREAKFAST: EGG OMELET, MUFFIN, PEACHES, JUICE, MILK

LUNCH: TACO SOUP WITH CORN CHIPS, FRESH BROCCOLI, SLICED PEARS, COOKIE, MILK

WEDNESDAY, DECEMBER 16

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MANDARIN ORANGES, JUICE, MILK

LUNCH: BEEF AND NOODLES, BABY CARROTS, WHEAT BREAD, COTTAGE CHEESE, PINEAPPLE, MILK

THURSDAY, DECEMBER 17

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, APPLESAUCE, JUICE, MILK

LUNCH: CHRISTMAS DINNER (TURKEY, MASHED POTATOES AND GRAVY, SWEET POTATOES, DRESSING, CRESCENT ROLL, JEWEL JELLO, APPLE CIDER, MILK)

FRIDAY, DECEMBER 18

BREAKFAST: LONG JOHNS, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK

LUNCH: COWBOY CAVATINI, TOSSED ROMAINE SALAD, GREEN BEANS, BANANA, MILK

MONDAY, DECEMBER 21

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK

LUNCH: CHICKEN TETRAZZINI, GARDEN SALAD, TWISTED BREADSTICK, STRAWBERRY CUP, MILK

TUESDAY, DECEMBER 22

BREAKFAST: BISCUITS AND GRAVY, SCRAMBLED EGGS, APPLES, JUICE, MILK

LUNCH: MR. RIBB ON A BUN, LETTUCE AND TOMATO, POTATO WEDGES, GREEN BEANS, GRAPES, MILK

DECEMBER 23, 2020 - JANUARY 4, 2021 - NO SCHOOL WINTER BREAK

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It is the policy of the Lu Verne Community School District not to illegally discriminate on the basis of age (for employment), race, creed, national origin, color, marital status (for programs), sexual orientation, religion, gender/sex, socio-economic status (for programs), gender identity or physical/mental disability in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Karen Sandberg, Director of Teaching and Learning, 405 Hanna Ave, Lu Verne, IA 50560, 515-882-3357, [ksandberg@luverne.k12.ia.us](mailto:ksandberg@luverne.k12.ia.us).