

**CWL ELEMENTARY - LUVERNE BUILDING
DECEMBER BREAKFAST AND LUNCH MENU**

THURSDAY, DECEMBER 1

BREAKFAST: SAUSAGE GRAVY OVER BISCUITS, SCRAMBLED EGGS, PEACHES, JUICE, MILK
LUNCH: ITALIAN PASTA, GREEN PEPPER STRIPS WITH BABY CARROTS, WHEAT BREAD, APPLESAUCE, ROYAL BROWNIE, MILK

FRIDAY, DECEMBER 2

BREAKFAST: DONUTS, TRIX YOGURT, ASSORTED FRUIT, JUICE, MILK
LUNCH: CHICKEN PATTY ON A BUN, MASHED POTATOES, GREEN BEANS, ORANGE WEDGES, MILK

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MONDAY, DECEMBER 5

BREAKFAST: BREAKFAST PIZZA, PEARS, JUICE, MILK  
LUNCH: CRISPITOS, ROMAINE AND TOMATO, CORN, SALSA AND CHIPS, APPLES, MILK

TUESDAY, DECEMBER 6

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK  
LUNCH: TURKEY AND CHEESE ON A BUN, LETTUCE AND TOMATO, OVEN FRIES, SLICED PEACHES, MILK

WEDNESDAY, DECEMBER 7

NO SCHOOL

THURSDAY, DECEMBER 8

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK  
LUNCH: STROMBOLI, GARDEN SALAD, GLAZED CARROTS, STRAWBERRIES, MILK

FRIDAY, DECEMBER 9

BREAKFAST: LONG JOHNS, GO GURT, ASSORTED FRUIT, JUICE, MILK  
LUNCH: PORK TENDERLOIN ON A BUN, POTATO WEDGES, BROCCOLI WITH CHEESE, BANANA, MILK

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MONDAY, DECEMBER 12

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK
LUNCH: TACO SOUP, WHOLE GRAIN CORN CHIPS, BROCCOLI, SLICED PEARS, M & M COOKIE, MILK

TUESDAY, DECEMBER 13

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, MANDARIN ORANGES, JUICE, MILK
LUNCH: WHOLE GRAIN CORN DOG, GARDEN SALAD, PEAS, APPLESAUCE CUP, MILK

WEDNESDAY, DECEMBER 14

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK
LUNCH: CHRISTMAS DINNER (TURKEY AND GRAVY OVER MASHED POTATOES, CRESCENT ROLL, SWEET POTATOES, DRESSING, JEWEL JELLO, CIDER, MILK)

THURSDAY, DECEMBER 15

BREAKFAST: BREAKFAST SANDWICH, HASH BROWN ROUNDS, MIXED FRUIT, JUICE, MILK
LUNCH: CHICKEN QUESADILLA, SALSA AND WHOLE GRAIN CORN CHIPS, CORN, REFRIED BEANS, PEARS, MILK

FRIDAY, DECEMBER 16

BREAKFAST: ASSORTED ROLLS, ASSORTED FRUIT, TRIX YOGURT, JUICE, MILK
LUNCH: BEEF AND NOODLES, GREEN BEANS, BABY CARROTS, PEANUT BUTTER SANDWICH, PINEAPPLE TIDBITS, MILK

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MONDAY, DECEMBER 19

BREAKFAST: EGG SAUSAGE PATTY, WHEAT TOAST WITH JELLY, PEACHES, JUICE, MILK  
LUNCH: CHICKEN TETRAZZINI, TOSSED SALAD, GLAZED CARROTS, WHOLE GRAIN BREADSTICK, STRAWBERRIES, MILK

TUESDAY, DECEMBER 20

BREAKFAST: CEREAL, MUFFIN, BANANA, JUICE, MILK  
LUNCH: MR. RIBB ON A BUN, LETTUCE AND TOMATO, HASH BROWNS, GREEN BEANS, ORANGE WEDGES, MILK

WEDNESDAY, DECEMBER 21

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES, JUICE, MILK  
LUNCH: LASAGNA, GARDEN SALAD, WHOLE GRAIN FRENCH BREAD, APPLES, MILK

**THURSDAY, DECEMBER 22**

**BREAKFAST: SCRUMPTIOUS COFFEE CAKE, YOGURT, ASSORTED FRUIT, JUICE, MILK**

**LUNCH: SLOPPY JOES ON A BUN, SWEET POTATO PUFFS, BAKED BEANS, GRAPES, MILK**



It is the policy of the Lu Verne Community School District not to illegally discriminate on the basis of age (for employment), race, creed, national origin, color, marital status (for programs), sexual orientation, religion, gender/sex, socio-economic status (for programs), gender identity or physical/mental disability in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Karen Sandberg, Director of Teaching and Learning, 405 Hanna Ave, Lu Verne, IA 50560, 515-882-3357, [ksandberg@luverne.k12.ia.us](mailto:ksandberg@luverne.k12.ia.us). This institution is an equal opportunity provider.