

CWL ELEMENTARY - LUVERNE BUILDING
BREAKFAST AND LUNCH MENU

MONDAY, APRIL 1

BREAKFAST: BREAKFAST PIZZA, GRAPES, JUICE, MILK

LUNCH: WEINER WINKS, POTATO WEDGES, BROCCOLI WITH CHEESE, APPLESAUCE, MILK

TUESDAY, APRIL 2

BREAKFAST: CEREAL, GO -GURT, BANANA, JUICE, MILK

LUNCH: TACOS, LETTUCE AND TOMATO CUP, REFRIED BEANS, CINNAMON PUFF, PINEAPPLE TIDBITS, MILK

WEDNESDAY, APRIL 3

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES OR APPLESAUCE, JUICE, MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, GARDEN SALAD, GARLIC BREAD STICK, GRAPES, MILK

THURSDAY, APRIL 4

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, PEACHES, JUICE, MILK

LUNCH: CHICKEN AND NOODLES, MASHED POTATOES, GREEN BEANS, PEANUT BUTTER SANDWICH, ORANGE WEDGES, MILK

FRIDAY, APRIL 5

BREAKFAST: LONG JOHNS, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK

LUNCH: (FIELD TRIP TO AMES, SACK LUNCHES) HAM AND CHEESE ON A WHOLE GRAIN BUN, CHEDDER SUNCHIPS, BABY CARROTS, CHOCOLATE CHIP COOKIE, APPLE, MILK

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**MONDAY, APRIL 8**

BREAKFAST: WAFFLES, SAUSAGE LINKS, BLUEBERRIES, APPLESAUCE, JUICE, MILK

LUNCH: HAMBURGER ON A BUN, DARK GREEN LEAF LETTUCE AND TOMATO CUP, SWEET POTATO FRIES, FRUIT COCKTAIL, MILK

**TUESDAY, APRIL 9**

BREAKFAST: EGG OMELET, MUFFIN, ORANGE WEDGES, JUICE, MILK

LUNCH: CHICKEN NUGGETS, MASHED POTATOES WITH GRAVY, FRESH BROCCOLI, WHEAT BREAD, STRAWBERIES AND BANANAS, MILK

**WEDNESDAY, APRIL 10**

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: CHILI WITH WHOLE GRAIN CRACKERS, CELERY AND CUCUMBERS, CINNAMON ROLL, ORANGE SMILES, MILK

**THURSDAY, APRIL 11**

BREAKFAST: EGG PATTIE ON A WHOLE GRAIN BUN, HASHBROWN, PEACHES, JUICE, MILK

LUNCH: SCALLOPED POTATOES AND HAM, SWEET POTATOES, GREEN BEANS, ANGEL BISCUIT WITH JELLY, KIWI, MILK

**FRIDAY, APRIL 12**

BREAKFAST: BUILD YOUR OWN YOGURT PARFAIT, GRANOLA, ASSORTED FRUIT, JUICE, MILK

LUNCH: MACARONI AND CHEESE, FISH STICKS, SEASONED PEAS, BABY CARROTS, APPLE WEDGES, MILK

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MONDAY, APRIL 15

BREAKFAST: EGG SAUSAGE PATTIE, WHEAT TOAST WITH JELLY, ORANGES, JUICE, MILK

LUNCH: HOT HAM AND CHEESE ON A BUN, POTATO WEDGES, FRESH BROCCOLI, GRAPES, JUICE, MILK

TUESDAY, APRIL 16

BREAKFAST: CEREAL, MUFFIN, GRAPES, JUICE, MILK

LUNCH: CHEESE PIZZA BOATS, TOSSED ROMAINE SALAD, GARLIC BREAD STICK WITH MARINARA SAUCE, BANANA, MILK

WEDNESDAY, APRIL 17

BREAKFAST: PANCAKES, SAUSAGE LINKS, BLUEBERRIES OR APPLESAUCE, JUICE, MILK

LUNCH: TACO BURGER, DARK GREEN LEAF LETTUCE AND TOMATO, REFRIED BEANS, WHOLE GRAIN CORN CHIPS AND SALSA, SLICED PEARS, MILK

THURSDAY, APRIL 18

BREAKFAST: SCRAMBLED EGGS, WHEAT TOAST WITH JELLY, SLICED PEACHES, JUICE, MILK

LUNCH: (EASTER DINNER) TURKEY, MASHED POTATOES WITH GRAVY, DRESSING, CRESCENT ROLLS, GREEN BEANS, FRUIT SALAD, MILK

FRIDAY, APRIL 19

NO SCHOOL

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MONDAY, APRIL 22

BREAKFAST: CEREAL, POPTART, BANANA, JUICE, MILK

LUNCH: CRISPITOS, ROMAINE AND TOMATO CUP, CORN, PEANUT BUTTER SANDWICH, APPLE WEDGES, MILK

TUESDAY, APRIL 23

BREAKFAST: SAUSAGE GRAVY OVER WHOLE GRAIN BISCUIT, GO-GURT, APPLE WEDGES, JUICE, MILK

LUNCH: TURKEY AND CHEESE ON A WHOLE GRAIN BUN, DARK GREEN LEAF LETTUCE AND TOMATO, TRI-TATOR HASHBROWN, ORANGE SMILES, MILK

WEDNESDAY, APRIL 24

BREAKFAST: EGG OMELET, BLUEBERRY MUFFIN, MANDARIN ORANGES, JUICE, MILK

LUNCH: BBQ BEEF ON A BUN, SWEET POTATO PUFFS, CHERRY TOMATOES, BAKED BEANS, SIDEKICK FRUIT SLUSHY, MILK

THURSDAY, APRIL 25

BREAKFAST: FRENCH TOAST STICKS, SAUSAGE LINKS, BLUEBERRIES OR APPLESAUCE, JUICE, MILK

LUNCH: STROMBOLI, GARDEN SALAD, BABY CARROTS, STRAWBERRIES, JUICE, MILK

FRIDAY, APRIL 26

BREAKFAST: SCRUMPTIOUS COFFEE CAKE, CHEESE STICK, ASSORTED FRUIT, JUICE, MILK

LUNCH: PORK TENDERLOIN, MASHED POTATOES WITH GRAVY, STEAMED BROCCOLI, SLICED PEACHES, MILK

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MONDAY, APRIL 29

BREAKFAST: BREAKFAST PIZZA, ORANGE WEDGES, JUICE, MILK

LUNCH: TACO SOUP, WHOLE GRAIN CORN CHIPS, FRESH BROCCOLI, SLICED PEARS, SNICKERDOODLE, MILK

TUESDAY, APRIL 30

BREAKFAST: CEREAL, WHEAT TOAST WITH JELLY, BANANA, JUICE, MILK

LUNCH: WHOLE GRAIN CORN DOG, GARDEN SALAD, SEASONED PEAS, APPLE WEDGES, MILK

It is the policy of the Lu Verne Community School District not to illegally discriminate on the basis of age (for employment), race, creed, national origin, color, marital status (for programs), sexual orientation, religion, gender/sex, socio-economic status (for programs), gender identity or physical/mental disability in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Tom Fey, Asst. Admin, 405 Hanna Ave, Lu Verne, IA 50560, 515-882-3357, tfey@luverne.k12.ia.us